

Your body produces essential hormones throughout your life. These hormones, which are natural chemicals produced by your glands, must produce adequate, balanced amounts in order for your body to maintain proper health and normal functioning.

As you enter the “midlife” or andropausal stage of life, also known as male menopause, your body starts to produce smaller amounts of hormones, particularly testosterone. Andropause is caused by lower levels of testosterone as you age. When levels are extremely low symptoms can be severe and cause serious health problems. Over 25 million men between the ages of 35 and 55 are experiencing some degree of male menopause or Andropause. The need for natural or Bio-Identical Hormone Therapy is essential in re-energizing your body.



Fibromyalgia & Fatigue Centers, Inc.
16415 Addison Rd., Suite 600
Addison, Texas 75001

Fighting Fatigue by Balancing Your Hormones.

*Bio-Identical
Hormone Treatment*



Depending on the degree of your hormonal imbalance, effects on your body could be vast and you could experience the following symptoms:

- Loss of muscle mass and size
- Decline in libido
- Hypothyroidism
- Poor sense of well-being
- Loss of interest in career and goals
- Depression
- Loss of energy
- Loss of physical agility
- Weight gain / Increase in body fat
- Mental fatigue



You may ask yourself if these symptoms are part of the inevitable aging process or a result of the stresses of your daily life. While common, these symptoms are not normal; your hormone levels can be optimized and your energy can be restored naturally with **Bio-Identical Hormone Therapy**.

At Fibromyalgia & Fatigue Centers, Inc. (FFC), we understand that making personal, informed decisions about hormone therapy can be challenging and often confusing. Our program uses only natural hormones to restore your energy and bring your body back to normal functioning. We have trained medical doctors who understand, who listen and who can help bring vitality back to your life.

What You Can Expect:

At FFC, your hormone imbalances will be evaluated by a physician armed with the latest research and treatments. We utilize bio-identical hormones derived from natural sources and molecularly identical to the ones produced in your body. Bio Identical Hormones have been proven to provide less risk and fewer side effects than synthetic hormones; thus providing superior outcomes for our patients.

Our typical treatment program consists initially of two 30-minute visits, extensive lab work (performed on-site for your convenience) and a customized plan of care.

Upon making your 1st appointment, you will be sent a thorough medical-history questionnaire,

which you will complete and bring with you to your first appointment. During this consultation, you will review with the doctor your history and expectations. He/She will then work with you to develop a treatment protocol designed specifically for your body.

With our specially designed “*Fighting Fatigue through Bio-Identical Hormone Therapy*” program, FFC can help control the imbalances and silent effects that are impacting the quality of your health, and aid in restoring natural energy and zest to your life.

Balance the activities of your daily life and maintain a healthy, active lifestyle by contacting the FFC nearest you. Register for our free educational seminar, obtain additional information on our program, or make an appointment.

Atlanta	678.494.3655
Boston	617.988.0677
Cleveland	440.260.9722
Dallas	972.980.3800
Denver	720.488.1400
Detroit	248.813.5300
Fort Worth	817.924.5252
Las Vegas	702.233.8155
Norwalk	203.866.3500
Philadelphia	610.337.3370
Portland	503.203.1600
Salt Lake City	801.266.3170
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