

*Our bodies produce a wide variety of hormones throughout our lives. These hormones, which are natural chemicals produced by your glands, must produce adequate, balanced amounts in order for your body to maintain proper health and normal functioning.*

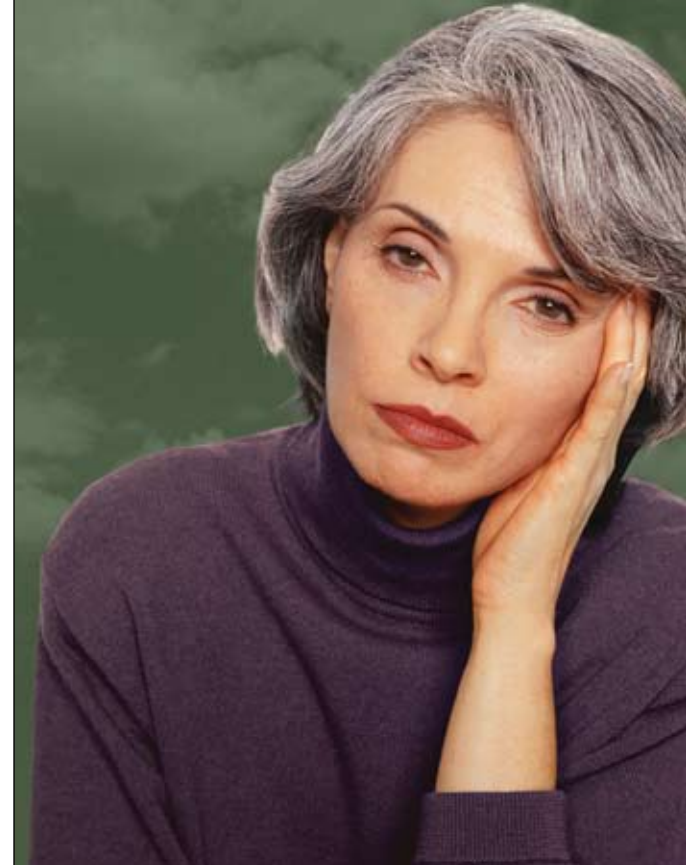
*As we enter the menopausal or perimenopausal stage of life, which is the period leading up to menopause, your body starts to produce smaller amounts of hormones, particularly reproductive hormones, such as estrogen and progesterone. With over 40 million women experiencing menopause and another 20 million women nearing this transitional stage of life over the next 10 years, the need for natural Bio-Identical Hormone Therapy is essential in restoring balance and harmony to your body.*



Fibromyalgia & Fatigue Centers, Inc.  
16415 Addison Rd., Suite 600  
Addison, Texas 75001

# Fighting Fatigue by Balancing Your Hormones.

*Bio-Identical  
Hormone Treatment*



Depending on the degree of your hormonal imbalance, effects on your body could be vast and you could experience the following symptoms:

- Fatigue
- Hypothyroidism
- Anxiety and panic attacks
- Increased wrinkles
- Loss of libido
- Changes in menstrual cycles
- Painful intercourse
- Concentration or memory problems
- Weight gain / Increase in body fat
- High cholesterol levels and other cardiac risks
- Hot flashes or night sweats
- Vaginal dryness
- Urinary frequency
- Autoimmune disorders such as Lupus, MS, Fibromyalgia, Chronic Fatigue and Immune Dysfunction Syndrome and Unrelenting Fatigue



You may ask yourself if these symptoms are part of the inevitable aging process or a result of the stresses of your daily life. While common, these symptoms are not normal; your hormone levels can be optimized and your energy can be restored naturally with **Bio-Identical Hormone Therapy**.

At Fibromyalgia & Fatigue Centers, Inc. (FFC), we understand that making personal, informed decisions about hormone therapy can be challenging and often confusing. Our program uses only natural hormones to restore your energy and bring your body back to normal functioning. We have trained medical doctors who understand, who listen and who can help bring harmony back to your life.

#### What You Can Expect:

At FFC, your hormone imbalances and resulting symptoms will be evaluated by a physician armed with the latest research and treatments. We utilize bio-identical hormones derived from natural sources and molecularly identical hormones to the ones produced in the human body. Bio-Identical Hormones have been proven to provide less risk and fewer side effects than synthetic hormones; thus providing superior outcomes for our patients.

Our typical treatment program consists of two initial 30-minute visits, extensive lab work (performed on-site for your convenience) and a customized plan of care.

Upon making your 1st appointment, you will be sent a thorough medical-history questionnaire, which you will complete and bring with you to your first appointment. During this consultation, you will review with the doctor your history and expectations. He/She will then work with you to develop a treatment protocol designed specifically for your body.

With our specially designed *“Fighting Fatigue through Bio-Identical Hormone Therapy”* program, FFC can help control the imbalances that are impacting the quality of your health and aid in restoring a natural vitality and zest to your life.

Balance the activities of your daily life and maintain a healthy, active lifestyle by contacting the FFC nearest you. Register for our free educational seminar, obtain additional information on our program, or make an appointment.

Atlanta	678.494.3655
Boston	617.988.0677
Cleveland	440.260.9722
Dallas	972.980.3800
Denver	720.488.1400
Detroit	248.813.5300
Fort Worth	817.924.5252
Las Vegas	702.233.8155
Norwalk	203.866.3500
Philadelphia	610.337.3370
Portland	503.203.1600
Salt Lake City	801.266.3170
Seattle	425.889.1200

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