



Multifaceted Treatment Approach #1

The study below was a ground breaking study that demonstrated that there are multiple physiologic abnormalities in CFIDS/FM and that effective treatment requires a multifaceted approach, which is foreign to traditional medical thinking. It was criticized by some, however, because there was no placebo group. Dr. Teitelbaum subsequently did a double-blind placebo controlled trial.

J Teitelbaum, B. Bird. Effective treatment of CFIDS and Fibromyalgia The Journal of Musculoskeletal Pain Volume 3, Issue 4 (1995)