



Definition of Fibromyalgia

A history of widespread pain. The patient must be experiencing pain or achiness, steady or intermittent, for at least 3 months. At times, the pain must have been present:

- A. On both sides of the body
- B. Both above and below the waist
- C. In the Mid-body-for example, in the neck, midchest, midback, or headache.
- D. Pain on at least eleven of the eighteen tender points

Problem with the definition is that it is a research definition and excludes many people with the syndrome.