



Acetylcholinesterase Inhibitor

The study below indicates that medications call acetylcholinesterase inhibitors can improve the symptoms of Chronic Fatigue Syndrome and Fibromyalgia. This medication is used to treat Alzheimer's disease and increases acetylcholine in the central nervous system. After 8 weeks of treatment it was shown to significantly improve sleep, fatigue, muscle pain, and dizziness. This is another medication that can be included in the arsenal of medications and can be used on an individualized basis with a comprehensive approach in the treatment of Chronic Fatigue Syndrome and Fibromyalgia. Trial of a selective acetylcholinesterase inhibitor, galanthamine hydrobromide, in the treatment of Chronic Fatigue Syndrome.

Journal of Chronic Fatigue Syndrome 1996; 2(2/3): 35-54.